



IOWA TERM LIMITS POLL: EXECUTIVE SUMMARY

US Term Limits survey conducted Jan 6-8, 2026 by RMG Research Group
 511 Registered Voters in Iowa participated in the survey

A large majority (85%) of Iowa voters approve of placing term limits on Congress.

76% of voters favor having Iowa call for an amendment proposing convention to enact congressional term limits. Additionally, 77% of voters state that they would be more likely to vote for a candidate for state legislature who supports implementing term limits for members of Congress.

Do you approve or disapprove of placing term limits on members of Congress?

Total		Gender		Age					Party		
		Men	Wom	18-34	35-44	45-54	55-64	65+	GOP	Dem	Ind
Approve	85%	89%	81%	71%	83%	86%	89%	90%	89%	80%	70%
Strongly approve	58%	59%	56%	42%	49%	54%	66%	70%	58%	59%	51%
Somewhat approve	27%	29%	25%	29%	34%	32%	23%	20%	31%	21%	20%
Disapprove	11%	9%	12%	21%	11%	9%	7%	8%	8%	14%	18%
Somewhat disapprove	7%	6%	9%	16%	9%	6%	5%	3%	7%	8%	12%
Strongly disapprove	3%	3%	4%	5%	3%	3%	2%	5%	2%	6%	6%
Not sure	5%	2%	7%	8%	5%	5%	4%	2%	3%	5%	12%

Would you want your state senator and state representative to favor or oppose legislation calling for a convention to propose congressional term limits?

Total		Gender		Age					Party		
		Men	Wom	18-34	35-44	45-54	55-64	65+	GOP	Dem	Ind
Favor	78%	82%	75%	61%	77%	84%	82%	86%	78%	83%	64%
Oppose	6%	8%	4%	9%	8%	5%	6%	2%	4%	6%	15%
Not sure	16%	10%	21%	30%	15%	11%	13%	12%	18%	11%	21%

The U.S. Constitution authorizes state legislatures to call for a convention to recommend constitutional amendments. Two-thirds of states would have to agree before any action could be taken. Would you favor or oppose having Iowa call for an amendment proposing convention to enact congressional terms limits?

Total		Gender		Age					Party		
		Men	Wom	18-34	35-44	45-54	55-64	65+	GOP	Dem	Ind
Favor	76%	80%	72%	69%	72%	80%	79%	81%	77%	78%	62%
Strongly favor	46%	50%	43%	31%	37%	42%	57%	58%	45%	52%	37%
Somewhat favor	30%	30%	30%	38%	35%	37%	22%	23%	32%	26%	25%
Oppose	11%	11%	10%	15%	14%	6%	13%	5%	10%	9%	21%
Somewhat oppose	7%	9%	6%	13%	11%	6%	6%	3%	8%	7%	8%
Strongly oppose	3%	2%	4%	2%	3%	0%	7%	2%	2%	2%	13%
Not sure	13%	8%	18%	16%	14%	15%	9%	15%	13%	13%	17%

Would you be more likely or less likely to vote for a candidate for state legislature who supports implementing term limits for members of Congress?

Total		Gender		Age					Party		
		Men	Wom	18-34	35-44	45-54	55-64	65+	GOP	Dem	Ind
More Likely	77%	81%	73%	66%	77%	77%	80%	81%	76%	80%	66%
Much more likely	43%	46%	40%	31%	40%	34%	53%	48%	41%	48%	34%
Somewhat more likely	34%	35%	34%	35%	37%	43%	27%	33%	35%	32%	32%
Less Likely	6%	6%	6%	15%	7%	2%	4%	2%	5%	7%	12%
Somewhat less likely	4%	5%	4%	10%	4%	2%	4%	2%	4%	5%	4%
Much less likely	2%	2%	2%	5%	4%	0%	1%	0%	1%	2%	8%
No impact	10%	8%	12%	12%	7%	15%	8%	11%	11%	7%	12%
Not sure	7%	5%	9%	7%	9%	5%	8%	6%	7%	6%	10%

At present, the Iowa state legislature does NOT have term limits on itself. If your state legislator voted to place term limits on Congress through an amendment proposing convention, would that make you more likely or less likely to vote for your state legislator?

Total		Gender		Age					Party		
		Men	Wom	18-34	35-44	45-54	55-64	65+	GOP	Dem	Ind
More Likely	76%	80%	72%	72%	74%	73%	79%	79%	76%	77%	73%
Much more likely	38%	40%	36%	26%	34%	35%	46%	44%	37%	41%	30%
Somewhat more likely	38%	40%	36%	46%	40%	38%	34%	35%	38%	36%	42%
Less Likely	8%	8%	8%	15%	13%	3%	6%	3%	9%	6%	7%
Somewhat less likely	6%	6%	6%	13%	9%	3%	5%	1%	7%	4%	5%
Much less likely	2%	1%	2%	1%	4%	0%	2%	2%	2%	2%	3%
No impact	10%	9%	10%	5%	11%	16%	6%	12%	10%	8%	13%
Not sure	7%	3%	10%	9%	2%	8%	9%	6%	5%	9%	8%

Methodology

The survey of 511 registered Iowa voters was conducted for USTL on January 6-8, 2026. Field work for the survey was conducted by RMG Research, Inc. Certain quotas were applied, and the sample was lightly weighted by gender, age, and race.

The margin of sampling error for the full sample is +/- 4.3 percentage points.