



**MAINE TERM LIMITS POLL: EXECUTIVE SUMMARY**

US Term Limits survey conducted Jan 15-19, 2026 by RMG Research Group  
 504 Registered Voters in Maine participated in the survey

**A large majority (79%) of Maine voters approve of placing term limits on Congress.**

74% of voters favor having Maine call for an amendment proposing convention to enact congressional term limits. Additionally, 74% of voters state that they would be more likely to vote for a candidate for state legislature who supports implementing term limits for members of Congress.

***Do you approve or disapprove of placing term limits on members of Congress?***

Total		Gender		Age					Party		
		Men	Wom	18-34	35-44	45-54	55-64	65+	GOP	Dem	Ind
<b>Approve</b>	<b>79%</b>	<b>74%</b>	<b>84%</b>	<b>82%</b>	<b>63%</b>	<b>78%</b>	<b>86%</b>	<b>88%</b>	<b>83%</b>	<b>76%</b>	<b>79%</b>
Strongly approve	58%	50%	66%	58%	51%	57%	71%	53%	62%	55%	58%
Somewhat approve	21%	24%	18%	24%	12%	21%	15%	35%	21%	21%	21%
<b>Disapprove</b>	<b>13%</b>	<b>15%</b>	<b>11%</b>	<b>13%</b>	<b>25%</b>	<b>4%</b>	<b>13%</b>	<b>5%</b>	<b>13%</b>	<b>13%</b>	<b>13%</b>
Somewhat disapprove	9%	12%	7%	11%	22%	1%	4%	5%	9%	10%	8%
Strongly disapprove	4%	3%	4%	2%	3%	3%	9%	0%	4%	3%	5%
<b>Not sure</b>	<b>8%</b>	<b>12%</b>	<b>5%</b>	<b>5%</b>	<b>12%</b>	<b>19%</b>	<b>1%</b>	<b>7%</b>	<b>5%</b>	<b>11%</b>	<b>8%</b>

***Would you want your state senator and state representative to favor or oppose legislation calling for a convention to propose congressional term limits?***

Total		Gender		Age					Party		
		Men	Wom	18-34	35-44	45-54	55-64	65+	GOP	Dem	Ind
<b>Favor</b>	<b>75%</b>	<b>72%</b>	<b>78%</b>	<b>77%</b>	<b>60%</b>	<b>68%</b>	<b>85%</b>	<b>86%</b>	<b>76%</b>	<b>75%</b>	<b>66%</b>
Oppose	14%	19%	8%	12%	34%	5%	10%	2%	12%	14%	16%
Not sure	11%	9%	14%	10%	7%	26%	5%	12%	11%	11%	18%

***The U.S. Constitution authorizes state legislatures to call for a convention to recommend constitutional amendments. Two-thirds of states would have to agree before any action could be taken. Would you favor or oppose having Maine call for an amendment proposing convention to enact congressional terms limits?***

Total		Gender		Age					Party		
		Men	Wom	18-34	35-44	45-54	55-64	65+	GOP	Dem	Ind
<b>Favor</b>	<b>74%</b>	<b>72%</b>	<b>76%</b>	<b>77%</b>	<b>60%</b>	<b>67%</b>	<b>84%</b>	<b>82%</b>	<b>76%</b>	<b>73%</b>	<b>62%</b>
Strongly favor	42%	37%	47%	42%	31%	44%	56%	40%	48%	38%	34%
Somewhat favor	32%	35%	29%	35%	29%	23%	28%	42%	28%	35%	28%
<b>Oppose</b>	<b>13%</b>	<b>15%</b>	<b>13%</b>	<b>16%</b>	<b>24%</b>	<b>8%</b>	<b>8%</b>	<b>10%</b>	<b>14%</b>	<b>14%</b>	<b>18%</b>
Somewhat oppose	10%	12%	9%	16%	24%	4%	1%	3%	10%	11%	13%
Strongly oppose	3%	3%	4%	0%	0%	4%	7%	7%	4%	3%	5%
<b>Not sure</b>	<b>12%</b>	<b>13%</b>	<b>12%</b>	<b>8%</b>	<b>16%</b>	<b>24%</b>	<b>8%</b>	<b>9%</b>	<b>10%</b>	<b>14%</b>	<b>19%</b>

***Would you be more likely or less likely to vote for a candidate for state legislature who supports implementing term limits for members of Congress?***

Total		Gender		Age					Party		
		Men	Wom	18-34	35-44	45-54	55-64	65+	GOP	Dem	Ind
<b>More Likely</b>	<b>74%</b>	<b>76%</b>	<b>73%</b>	<b>75%</b>	<b>72%</b>	<b>63%</b>	<b>80%</b>	<b>78%</b>	<b>76%</b>	<b>73%</b>	<b>70%</b>
Much more likely	38%	38%	38%	40%	25%	26%	52%	45%	41%	36%	26%
Somewhat more likely	36%	38%	35%	35%	47%	37%	28%	33%	35%	37%	44%
<b>Less Likely</b>	<b>12%</b>	<b>12%</b>	<b>11%</b>	<b>18%</b>	<b>22%</b>	<b>1%</b>	<b>9%</b>	<b>3%</b>	<b>10%</b>	<b>13%</b>	<b>6%</b>
Somewhat less likely	6%	6%	6%	10%	12%	0%	4%	1%	5%	7%	5%
Much less likely	6%	6%	5%	8%	10%	1%	5%	2%	5%	6%	1%
<b>No impact</b>	<b>9%</b>	<b>8%</b>	<b>11%</b>	<b>4%</b>	<b>4%</b>	<b>30%</b>	<b>5%</b>	<b>12%</b>	<b>9%</b>	<b>10%</b>	<b>15%</b>
<b>Not sure</b>	<b>4%</b>	<b>3%</b>	<b>6%</b>	<b>3%</b>	<b>1%</b>	<b>5%</b>	<b>7%</b>	<b>7%</b>	<b>5%</b>	<b>4%</b>	<b>8%</b>

***At present, the Maine state legislature does NOT have term limits on itself. If your state legislator voted to place term limits on Congress through an amendment proposing convention, would that make you more likely or less likely to vote for your state legislator?***

Total		Gender		Age					Party		
		Men	Wom	18-34	35-44	45-54	55-64	65+	GOP	Dem	Ind
<b>Fair</b>	<b>20%</b>	<b>24%</b>	<b>15%</b>	<b>18%</b>	<b>40%</b>	<b>12%</b>	<b>11%</b>	<b>12%</b>	<b>22%</b>	<b>19%</b>	<b>14%</b>
Very fair	7%	7%	6%	7%	9%	5%	4%	7%	8%	6%	4%
Somewhat fair	13%	17%	9%	11%	31%	7%	7%	5%	14%	13%	10%
<b>Unfair</b>	<b>77%</b>	<b>70%</b>	<b>84%</b>	<b>82%</b>	<b>58%</b>	<b>74%</b>	<b>86%</b>	<b>87%</b>	<b>76%</b>	<b>78%</b>	<b>79%</b>
Somewhat unfair	17%	16%	18%	9%	11%	17%	26%	23%	12%	21%	17%
Very unfair	60%	54%	66%	73%	47%	57%	60%	64%	64%	57%	62%
<b>Not sure</b>	<b>3%</b>	<b>5%</b>	<b>1%</b>	<b>0%</b>	<b>1%</b>	<b>15%</b>	<b>2%</b>	<b>0%</b>	<b>2%</b>	<b>3%</b>	<b>8%</b>

### **Methodology**

The survey of 504 registered Maine voters was conducted for USTL on January 15-19, 2026. Field work for the survey was conducted by RMG Research, Inc. Certain quotas were applied, and the sample was lightly weighted by gender, age, and race.

The margin of sampling error for the full sample is +/- 4.4 percentage points.