



VIRGINIA TERM LIMITS POLL: EXECUTIVE SUMMARY

US Term Limits survey conducted Jan 6-8, 2026 by RMG Research Group
 510 Registered Voters in Virginia participated in the survey

A large majority (77%) of Virginia voters approve of placing term limits on Congress.

75% of voters favor having Virginia call for an amendment proposing convention to enact congressional term limits. Additionally, 73% of voters state that they would be more likely to vote for a candidate for state legislature who supports implementing term limits for members of Congress.

Do you approve or disapprove of placing term limits on members of Congress?

Total		Gender		Age					Race		Party		
		Men	Wom	18-34	35-44	45-54	55-64	65+	White	Other	GOP	Dem	Ind
Approve	77%	76%	77%	74%	73%	76%	71%	89%	85%	62%	83%	72%	63%
Strongly approve	46%	49%	44%	41%	44%	43%	41%	61%	52%	36%	49%	44%	49%
Somewhat approve	31%	27%	33%	33%	29%	33%	30%	28%	33%	26%	34%	28%	14%
Disapprove	19%	21%	18%	24%	19%	19%	23%	9%	12%	32%	14%	24%	21%
Somewhat disapprove	8%	7%	9%	13%	8%	9%	7%	4%	6%	12%	5%	12%	11%
Strongly disapprove	11%	14%	9%	11%	11%	10%	16%	5%	6%	20%	9%	12%	10%
Not sure	4%	3%	4%	2%	7%	4%	5%	2%	3%	5%	4%	4%	17%

Would you want your state senator and state representative to favor or oppose legislation calling for a convention to propose congressional term limits?

Total		Gender		Age					Race		Party		
		Men	Wom	18-34	35-44	45-54	55-64	65+	White	Other	GOP	Dem	Ind
Favor	71%	75%	68%	68%	69%	74%	69%	76%	76%	63%	77%	66%	63%
Oppose	12%	14%	11%	14%	13%	5%	18%	7%	9%	18%	9%	15%	13%
Not sure	17%	11%	21%	17%	18%	21%	12%	17%	15%	19%	13%	19%	24%

The U.S. Constitution authorizes state legislatures to call for a convention to recommend constitutional amendments. Two-thirds of states would have to agree before any action could be taken. Would you favor or oppose having Virginia call for an amendment proposing convention to enact congressional terms limits?

Total		Gender		Age					Race		Party		
		Men	Wom	18-34	35-44	45-54	55-64	65+	White	Other	GOP	Dem	Ind
Favor	75%	73%	76%	82%	69%	77%	69%	79%	81%	64%	78%	73%	57%
Strongly favor	40%	46%	36%	39%	30%	38%	36%	56%	47%	28%	43%	38%	37%
Somewhat favor	35%	27%	40%	43%	39%	39%	33%	23%	34%	36%	35%	35%	20%
Oppose	14%	17%	12%	13%	16%	11%	19%	8%	11%	20%	13%	14%	16%
Somewhat oppose	9%	11%	8%	10%	12%	10%	11%	4%	8%	12%	8%	10%	12%
Strongly oppose	5%	6%	4%	3%	4%	1%	8%	4%	3%	8%	5%	4%	4%
Not sure	11%	10%	12%	5%	14%	11%	13%	13%	9%	16%	9%	13%	27%

Would you be more likely or less likely to vote for a candidate for state legislature who supports implementing term limits for members of Congress?

Total		Gender		Age					Race		Party		
		Men	Wom	18-34	35-44	45-54	55-64	65+	White	Other	GOP	Dem	Ind
More Likely	73%	78%	69%	66%	71%	72%	73%	81%	78%	64%	78%	68%	63%
Much more likely	36%	41%	33%	25%	31%	36%	37%	49%	39%	32%	41%	32%	30%
Somewhat more likely	37%	37%	36%	41%	40%	36%	36%	32%	39%	32%	37%	36%	33%
Less Likely	10%	10%	11%	14%	11%	7%	12%	6%	8%	15%	9%	11%	10%
Somewhat less likely	7%	7%	7%	11%	8%	6%	6%	4%	5%	10%	6%	7%	7%
Much less likely	3%	3%	4%	3%	3%	1%	6%	2%	3%	5%	3%	4%	3%
No impact	12%	9%	14%	16%	11%	11%	12%	11%	10%	16%	9%	15%	21%
Not sure	5%	4%	6%	4%	7%	9%	4%	2%	4%	6%	4%	6%	5%

At present, the Virginia state legislature does NOT have term limits on itself. If your state legislator voted to place term limits on Congress through an amendment proposing convention, would that make you more likely or less likely to vote for your state legislator?

Total		Gender		Age					Race		Party		
		Men	Wom	18-34	35-44	45-54	55-64	65+	White	Other	GOP	Dem	Ind
More Likely	70%	73%	67%	62%	65%	71%	71%	77%	76%	58%	80%	60%	65%
Much more likely	31%	35%	28%	24%	22%	33%	28%	45%	35%	23%	35%	27%	32%
Somewhat more likely	39%	38%	40%	38%	43%	38%	43%	32%	41%	36%	45%	33%	33%
Less Likely	13%	17%	11%	18%	15%	13%	15%	6%	9%	21%	9%	18%	12%
Somewhat less likely	9%	12%	7%	14%	12%	9%	10%	3%	6%	15%	6%	13%	4%
Much less likely	4%	5%	4%	3%	4%	4%	6%	4%	3%	6%	3%	5%	8%
No impact	13%	8%	16%	17%	14%	13%	11%	11%	11%	17%	8%	18%	17%
Not sure	4%	3%	5%	3%	6%	3%	3%	6%	5%	3%	4%	4%	6%

Methodology

The survey of 510 registered Virginia voters was conducted for USTL on January 6-8, 2026. Field work for the survey was conducted by RMG Research, Inc. Certain quotas were applied, and the sample was lightly weighted by gender, age, and race.

The margin of sampling error for the full sample is +/- 4.3 percentage points.